

## PHYSICAL EDUCATION AND HEALTH

The Long Hill Township Board of Education (BOE) directs that the district's curricular and extracurricular programs of physical education and activities comply with the district's affirmative action resolution and equity plan for school and classroom practices as stipulated in policies 2224, 5145.4, 6121 and 6145 in this manual. The board shall ensure that the comprehensive health and physical education curriculum addresses all elements required by the Core Curriculum Content Standards.

### General Provisions

In general, physical education classes shall not be divided on the basis of sex. The quality and quantity of teachers, equipment and facilities shall be equivalent among the schools and comparable from level to level, taking into account the needs of the students.

Members of district interscholastic athletic teams may be excused from participation in the physical activities part of their physical education program on the request of their coach on any day on which they are designated to participate in a regularly scheduled game. The Chief School Administrator (CSA) shall approve procedures by which coaches will inform the physical education department, on the day in question, of the specific students to be excused. Such students shall be scheduled for a study hall period instead.

The BOE will consider on a case-by-case basis requests from students, or their parents/guardians in the case of minors, for permission to satisfy the physical education requirement through an alternative program of athletics or physical education activities that meets the requirements of law and is consistent with the district's physical education program goals and instructional objectives.

### Dating Violence

For students in grades 7 through 12, physical education and health curriculum will include the topic of dating violence. "Dating violence" means a pattern of behavior where one person threatens to use, or actually uses physical, sexual, verbal, or emotional abuse to control a dating partner.

The dating violence education shall include information on the definition of dating violence, recognizing dating violence warning signs, and the characteristics of healthy relationships.

## Physical Education and Health

## Policy 6142.4

Upon written request to the school principal, a parent/legal guardian of a student less than 18 years of age shall be permitted within a reasonable period of time after the request is made, to examine the dating violence education program instruction materials developed by the school district.

The purpose of the dating violence information is to help prevent dating situations from becoming unsafe and to help educate young people on constructive ways to resolve conflicts in personal relationships.

To be consistent with P.L. 2011, c. 64, school policy, procedures and curriculum will include the following information:

- A. Dating violence will not be tolerated;
- B. Dating violence reporting procedures;
- C. Guidelines for responding to at-school incidents of dating violence;
- D. Discipline procedures specific to at-school incidents of dating violence;
- E. Warning signs of dating violence; and
- F. Information on safe, appropriate school, family, peer, and community resources available to address dating violence shall also be included within the curriculum.

**Replaces all previously adopted policies.**

**First Reading: March 12, 2012**

**Second Reading: March 26, 2012**

### **Legal References:**

<u>N.J.S.A.</u> 18A:6-111 <u>et seq.</u>	Instruction in Suicide Prevention
<u>See particularly:</u>	
<u>N.J.S.A.</u> 18A:6-113	Instruction in suicide prevention in public school curriculum
<u>N.J.S.A.</u> 18A:35-4.19 through -4.22	<u>AIDS Prevention Act of 1999</u>
<u>N.J.S.A.</u> 18A:35-4.23a	Dating violence into health education curriculum
<u>N.J.S.A.</u> 18A:35-5 through -9	Maintenance of physical training courses; features ...
<u>N.J.S.A.</u> 18A:37-33 to 37	Dating violence policy and education
<u>N.J.A.C.</u> 6A:7-1.7	Equality in school and classroom practices
<u>N.J.A.C.</u> 6A:8-3.1	Curriculum and instruction
<u>N.J.A.C.</u> 6A:8-5.1	Graduation requirements
<u>N.J.A.C.</u> 6A:9-5.19	Athletics Personnel

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Policy 6142.4

N.J.A.C. 6A:9-11.8 Health and physical education  
N.J.A.C. 6A:16-2.1 et seq. General Provisions for School Health Services  
See particularly:  
N.J.A.C. 6A:16-2.2  
N.J.A.C. 6A:32-9.1 Athletics Procedures

P.L. 2014, c. 36 (instruction in Cardiopulmonary resuscitation and use of an automated external defibrillator prior to graduation)

20 U.S.C.A. 1681 et seq. - Title IX of the Education Amendments of 1972

The Comprehensive Equity Plan, New Jersey State Department of Education

### **Possible Cross References:**

*2224	Nondiscrimination/affirmative action
*5145.4	Equal educational opportunity
*6121	Nondiscrimination/affirmative action
*6140	Curriculum Adoption
*6141	Curriculum Design/Development
*6142	Subject fields
*6145.1/6145.2	Intramural competition; interscholastic competition
*6146	Promotion requirements

\*Indicates policy is included in the Critical Policy Reference Manual.

